

Hello again ELD 9th and 10th grade students! Attached is the work for your 4th and 5th week of Distance Learning, your final assignment. The assignment is a real-world article and response titled “Americans Adopt to Coronavirus Isolation.” Please contact your teacher (Mr. Alford, Ms. Harding, or Ms. Welk) through email or a text on Google Voice if you have any questions during their daily (Monday through Friday) office hours listed below. Ms. Welk may be reached through Microsoft Teams as well.

| Teacher | Email, Google Voice | Office Hours |
|-------------|---|----------------|
| Mr. Alford | halford@tusd.net , (209) 597-8589 | 9 am to 11 am |
| Ms. Harding | lharding@tusd.net | 10 am to 12 pm |
| Mrs. Welk | cwelk@tusd.net , (209) 565-0272 | 10 am to 12 pm |

Getting Started: Please fill out the following:

Step 1: Circle your Teacher and Class Period

| | | | |
|-------------------|-------------------|--------------------|-----------------|
| Mr. Alford | Mr. Alford | Ms. Harding | Ms. Welk |
| ELD 9 | ELD 9 | ELD 10 | ELD 10 |
| Period 1 | Period 2 | Period 1 | Period 3 |
| Week 2 | Week 2 | Week 2 | Week 2 |

Step 2: Identify Yourself (Please print clearly)

Your Name:

Weeks 4 and 5 Assignment Directions: You are not required to annotate or highlight the reading but we recommend you do so (if you can print it out or have a printed copy) to do a close read and help answer the questions and sentence frames. The actual written assignment is 2 pages.

How to turn in:

Mrs. Welk’s students may just complete the work online and submit it through Microsoft Teams, OR if you can’t do that, you may submit the assignments for Weeks 4 and 5 by taking a picture of each and emailing it to your teacher any time on or before May 15th, or you may drop it off at school on May 15th as well.

Extra info: If you cannot print out the assignment, you may complete all the sentence frames/questions by hand with pen or pencil on binder paper and email a picture to your teacher, but please write neatly.

Background

StudySync adapted the following article from Reuters, a global news website. It was originally published under the headline "U.S. millennials, stuck at home, adjust to coronavirus isolation."

WASHINGTON (Reuters) -A young chef is playing an online chess game. A copywriter is meditating to fight anxiety. And many are spending even more time on social media.

Millennials, young adults in their 20s and 30s, are under "shelter-at-home" orders in major cities from New York to California. They increasingly physically detached from their friends and family. But this generation is the one most prepared for the long lonely experience, experts said.

"They are the core group that will stop this virus. They're the group that communicates successfully, independent of picking up a phone," said Deborah Birx. She is the coronavirus response coordinator for the White House Coronavirus Task Force, .

California areas under a shelter-in-place order all have the same rule. Vulnerable populations must stay home and anyone else can only leave to get food, care for a relative or friend, get necessary health care or work an "essential" job.

Taking a walk or bike ride outside is OK. Just don't do so in groups. And be sure to stay 6 feet (1.8 meters) away from one another.

Seeking Solidarity

"I've been communicating with friends and family a lot more than I ever did in the past," said chef Kyle McBride, 32, in San Francisco. "It's been a moment for sharing a lot and reaching out to people."

McBride and 15 other friends use a WhatsApp messaging group to share news and commiserate.

"A lot of people are really tuned into social media and news right now just because of sheer boredom and wanting to stay connected to the latest," he said.

Increased online connections will be critical for millions of Americans as they stay home for an indefinite period.

"A focus can be the potentially good feeling of solidarity, that we're looking out for each other in this pandemic," said psychologist Julianne Holt-Lunstad. She studies loneliness at Brigham Young University.

"Look at the Italians out singing on balconies and communicating across distances. That is communicating to others that 'we're in this together' despite the distance."

Holt-Lunstad said most people in a shelter-at-place situation need to focus on increasing contact with the outside world. It can help people stay mentally healthy.

"Some research also suggests that engaging in creative arts would be helpful, so this is potentially a time when people could try that," she said. "It could be anything -from poetry to cooking to any number of ways to creatively express yourself."

‘On the Brink’

World events for the last two decades have prepared young adults for crisis.

"Being a millennial, we've seen a lot of scary things. I grew up in New York during 9/11," said 32-year-old Miles Gamble. "I grew up in New York during swine flu, during West Nile virus, during the second and third Ebola outbreaks."

Gamble celebrated his birthday in March 2020 in his studio apartment.

"Our generation particularly [is] not worried enough," he said. "We have been a generation that has literally been on the brink of the end of the world for like now, arguably 20 years."

Public health officials have been urging young adults to take the disease seriously. Americans aged 20-44 represented one in five of the cases hospitalized with the disease from Feb. 12-March 16, according to the Centers for Disease Control and Prevention.

For 35-year-old Timothy J. Seppala in Detroit, his first week working at home made it hard to exercise. But he was meditating to fight anxiety.

He echoed others about going online to stay in touch and keep spirits up. But that can only go so far.

Seppala, who is single, could not meet up with a potential date.

"I don't know if anyone is feeling ready to go out," he said. "Right now the vibe is just we all stay home."

(Reporting by Makini Brice and Jan Wolfe in Washington, additional reporting and writing by Brad Brooks in Austin, Texas; Editing by Scott Malone and Richard Chang)

Questions to Answer: Article: Americans Adapt to Coronavirus Isolation

Part One: Please complete the sentence frames below to go with the article.

Millennials are _____

_____. According to the article, experts believe millennials are best equipped to deal with the shelter in place or stay at home order because

_____.

Three important rules to remember about California's Shelter in Place order include:

1. _____
_____.

2. _____
_____.

3. _____
_____.

San Francisco Chef Kyle McBride and his friends use the WhatsApp to

_____. Psychologist Julianna Holt-Lunstad thinks we can help our mental health during this time by _____

_____.

According to the article, young adults are better prepared for the Coronavirus Pandemic because

_____. However, millennial Miles Gamble worries

_____.

Part Two: Your Reflection (For the final 3 responses, please note the required word count).

Three important things I learned from the article include:

1.

2.

3.

(At least 25 words) My life has changed due to COVID 19

(At least 35 words) The current crisis has made me appreciate

(At least 50 words) Twenty years from now, we will look back at this time and
